

PHONE NUMBERS

MORE PHONE NUMBERS



January 2019 - Region 51

Proudly serving Southern Nevada, Southern Utah, Western Arizona & California

CONTACT FOR MEETING CHANGES: Meeting_changes@region51na.org
PLEASE REPORT PERMANENT & TEMPORARY CHANGES/CLOSURES.

Next print deadline: **March 1, 2019**

NA is a nonprofit fellowship or society of men & women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion.

*Our only promise is freedom from active addiction;
our only goal is that no addict seeking recovery need ever die.*

24 HOUR HOTLINE:

888-495-3222

WEBSITE:

www.region51na.org

Postal Address: NA Region 51 • PO Box 15206 • Las Vegas, NV 89114

Contact for Regional Chair: chair@region51na.org

Contact for website problems: webservant@region51na.org

Contact for phone line: phoneline@region51na.org

Contact for Region 51 convention: convention@region51na.org

Contact for H&I committee and H&I Chair: hichair@region51na.org

Postal Address: Sponsorship Behind The Walls • PO Box 28956 • Las Vegas, NV 89126

Contact for Public Relations committee: prchair@region51na.org

SCHEDULE ASSUMPTIONS:

ALL MEETINGS ARE NON-SMOKING.

ALL MEETINGS ARE WHEELCHAIR ACCESSIBLE UNLESS OTHERWISE NOTED.

ALL MEETINGS ARE "OPEN" (AS OPPOSED TO "CLOSED" WHICH ARE FOR ADDICTS ONLY) UNLESS OTHERWISE NOTED.

ALL MEETINGS ARE ONE HOUR UNLESS OTHERWISE NOTED.

ALL MEETINGS IN NEVADA ARE IN THE CITY OF LAS VEGAS UNLESS OTHERWISE NOTED.

ALL MEETINGS ARE IN THEIR LOCATION APPROPRIATE TIME ZONE.

MONDAY (Nevada)

7:00AM Good Morning Group (.75hr) 4800 Alpine Place **89107** (The Rooms) A2, **C**

9:30AM Addicts Living In Recovery, (1.25hr) 1329 S Commerce St. **89104** (Keeping It Real) A2

10:45 AM Morning Cup of Recovery, 2975 S Rainbow Blvd. Suite K2 **89146** (Solutions) A2

11:00AM AM Miracles, 4600 S Nellis Blvd - Big Room. **89121**. (Triangle Club) A3, JFT,

12:00PM High Noon, 1061 Second St (First Step Club) NV **89048** A2

12:00PM Monday at a Time, 1798 Wigwam Pkwy, Henderson, **89074** (GV Pres Church) A3, CPC

12:00PM Not High At Noon (1.5hrs) 3990 Schiff Dr. Rm 3 **89103** (Serenity Club) A1, JFT, NC

12:00PM The Nooner – **CLOSES IN FEB**

12:10PM Welcome Home Group, 329 N.11th Street **89101** (TIE Club) A2

2:30PM Just For Today, 1401 N Decatur Blvd Suite 4 **89108** (3M Club) A2, SS

5:00PM Alive At Five, 4800 Alpine Place **89107** (The Rooms) A2

5:00PM Drugs No More, 350 N Moapa Valley Blvd, Overton **89040** (Moapa Valley Library) A2

5:30PM Accepting Changes, 329 North 11th Street **89101** (TIE Club) A2, CPC

5:30PM Moving On Group (1.5hr) 4800 Alpine Place **89107** (The Rooms) A2, JFT

5:30pm HIP – Help Is Possible 8200 W Sahara Ave, **89117** (Lakes Lutheran Church), A1

6:00PM Dope Busters, 1061 Second Street, Pahrump **89048** (First Step Club) A2, JFT

6:30PM Addicts Together, 900 E Karen Ave, Suite A202, **89109**. A2, LGBTQ, JFT

6:30PM Meeting of Hope, 78 East Lake Mead Pkwy Annex Bldg, Henderson **89015** (St Rose Delima Hospital) A3

6:30PM Monday Night Freedom, 3720 E Tropicana Ave, Basement Rm 11. **89121** (Community Lutheran Church). A3, LS, CPC

7:00PM Find Your True Self, 1120 Almond Ln, Ste. 302. **89104** (Aid for AIDS bldg) LGBTQ, A2

7:00PM Living Proof, 1000 N Main St. **89101** (Recovery Village) A1, JFT

7:00PM Si Nos Recuperamos (2hr) 1500 E Sahara Ave Suite C1, 89104. A2

7:00 Solo Por Hoy (1.5 hr) 4800 Alpine Pl. Ste 17, **89107** (The Rooms) A2, **C**

7:00PM There Is No Substitute, 5320 E Lake Mead Ave **89156** (Living Waters Baptist Church) A2, CLM, LS, 3rd Mon = SPK

7:00PM Ultimate High Group (1.25hr), 1401 N Decatur Blvd Ste 4 **89108** (3M Club) A2, NC

7:15PM Addicts In Recovery (AIR) 3980 Schiff Dr. Rm 3 **89103** (Serenity Club) LS

8:00PM Follow Your Heart **"No Rules Monday"** (1,5hr) 2585 E. Flamingo Dr. Suite 5, **89121**. (Our Meeting Place) A2

9:00PM Stand 4 Something or Fall 4 Anything (1.25hr) 4800 Alpine Pl **89107** (Rooms) A2

11:00PM Sleepless Nights, 4800 Alpine Place **89107** (The Rooms) A2, CPC

MONDAY (Arizona)

8:00AM Recovery on the River, 35 S Acoma Blvd, Lake Havasu City **86403**. A4, P

12:00PM Recovery on the River, 35 S Acoma Blvd, Lake Havasu City **86403**. A4, BS

5:00PM Serenity Bunch, 4195 West Hwy 68, Ste. A Golden Valley **86413** (Serenity Club) A4, BT

6:30PM NA Women Do Recover, 1325 Ramar Rd., Bullhead City, **86442** (Hope United Methodist Church) A4, RF

7:00PM Recovery on the River, 35 S Acoma Blvd, Lake Havasu City **86403**. A4, P

7:00PM Stairway to Serenity, 3269 Stockton-Hill Road, Mojave Rm, Kingman **86409** (Kingman Reg Med Center). A4

MONDAY (California) – NONE

MONDAY (Utah)

12:00PM NA Rox, 559 North 1060 East St George **84790** (Dixie Alano Club) A5, LC

6:00PM The Kiss Meeting, 559 North 1060 East, St George **84790** (Dixie Alano Club) A5

6:30PM H.O.P.E – Hold On Pain Ends, 56 East 200 South, Richfield **84701** (Presbyterian Church) A5

8:00PM Circle of Hope, 2395 E Riverside Dr, St George **84790** (Slick Rock Park) A5

8:00PM Basic Text Study, 1067 S Main St., Cedar City **84720** (Meeting Hall). A5, BT

Twelve Traditions (continued)

trouble with individuals and groups outside the Fellowship. However, when we apply these principles, we avoid some of the pitfalls.

Many of our problems are like those that our predecessors had to face. Their hard won experience gave birth to the Traditions, and our own experience has shown that these principles are just as valid today as they were when these Traditions were formulated. Our Traditions protect us from the internal and external forces that could destroy us. They are truly the ties that bind us together. It is only through understanding and application that they work.

All readings are reprinted with permission from The Little White Book, *Narcotics Anonymous* © 1986 by Narcotics Anonymous World Services, Inc., PO Box 9999, Van Nuys, CA 91409

Standing Region & Area Committee Meetings

- Region 51 ASC meets every 3rd Sunday of *odd* numbered months at 4800 Alpine Pl., Las Vegas, (The Rooms) NV @ 11am.
- H&I (Hospitals and Institutions) subcommittee meets *every* 1st Saturday of the month at 4800 Alpine Pl., Las Vegas, NV (The Rooms) @ 11am. Sponsorship Behind the Walls meets one hour prior.
- PR (Public Relations) meeting is the 3rd Saturday of *every* month, 9:30am @ 4800 Alpine Place, Las Vegas, NV (The Rooms)
- North by Northwest (A1) ASC meeting is 2nd Tuesday of *every* month @ 6:30pm at 8200 W. Sahara Ave, Las Vegas, NV 89117. (Lakes Lutheran Church)
- Southern Nevada (A2) ASC meeting is the 2nd Sunday of *every* month at 1pm @ 4800 Alpine Place, Las Vegas, NV. (The Rooms)
- South Valley (A3) ASC meeting is *every* 3rd Wednesday at 6:00pm @ 3720 E. Tropicana Ave, Las Vegas, NV. (Community Lutheran Church)
- C.A.N (A4) ASC meeting is 1st Sunday of *every* month. Time & location vary. See web for details.
- NA of Southern Utah (A5) ASC is the 2nd Friday of *every* the month at 6:30pm. Locations vary. Check website for details.
- NA Convention Committee meets *every* 2nd Saturday of the month at 4800 Alpine Place, Las Vegas, NV (The Rooms) @ 10am

Meeting Type Legend

AB – Topic, Ask the Basket, Topic Stick, Ticket Topic
BS – Book Study
BT – Basic Text Study
C – Closed (addicts only, please)
CPC – Chair Person Choice
CLM – Candle Light Meeting
JFT – Just For Today
LC – Living Clean
LS – Literature Study
LGBTQ – Lesbian/Gay/Bisexual/Transgender/Question friendly
MO – Men Only
MT - Meditation
NC – Newcomer
NWC – No wheelchair access
OD – Open Discussion
P – Participation
RF – Rotating Format
RR – Round Robin
SPK – Speaker Meeting
SS – Step Study
SWG – Step Working Guide Discussion
TD – Topic Discussion
TS – Tradition Study
WO – Women Only

Area Legend

A1 – North by Northwest Area
A2 – Southern Nevada Area
A3 – South Valley Area
A4 – C.A.N Area
A5 – NA of Southern Utah Area

Conferences/Conventions

Region 51 Convention, August 2019
Las Vegas, Nevada USA

NA World Convention (WCNA 38),
2019 TBD

NASUA Area Convention 2019 TBD
St. George, UT 84790

CAN Area Convention, 2019 TBD
Laughlin, NV

How It Works

If you want what we have to offer, and are willing to make the effort to get it, then you are ready to take certain steps. These are the principles that made our recovery possible:

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

This sounds like a big order, and we can't do it all at once. We didn't become addicted in one day, so remember—easy does it.

There is one thing more than anything else that will defeat us in our recovery; this is an attitude of indifference or intolerance toward spiritual principles. Three of these that are indispensable are honesty, open-mindedness, and willingness. With these we are well on our way.

We feel that our approach to the disease of addiction is completely realistic, for the therapeutic value of one addict helping another is without parallel. We feel that our way is practical, for one addict can best understand and help another addict. We believe that the sooner we face our problems within our society, in everyday living, just that much faster do we become acceptable, responsible, and productive members of that society.

The only way to keep from returning to active addiction is not to take that first drug. If you are like us you know that one is too many and a thousand never enough. We put great emphasis on this, for we know that when we use drugs in any form, or substitute one for another, we release our addiction all over again.

Thinking of alcohol as different from other drugs has caused a great many addicts to relapse. Before we came to NA, many of us viewed alcohol separately, but we cannot afford to be confused about this.

Alcohol is a drug. We are people with the disease of addiction who must abstain from all drugs in order to recover.

The Twelve Traditions of NA

We keep what we have with vigilance, and just as freedom for the individual comes from the Twelve Steps, so freedom for the group springs from our Traditions. As long as the ties that bind us together are stronger than those that would tear us apart, all will be well.

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants, they do not govern.
3. The only requirement for membership is the desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

Understanding these Traditions comes slowly over a period of time. We pick up information as we talk to members and visit various groups. It usually isn't until we get involved with service that someone points out that "personal recovery depends on NA unity," and that unity depends on how well we follow our traditions. The Twelve Traditions of NA are not negotiable. They are the guidelines that keep our Fellowship alive and free.

By following these guidelines in our dealings with others, and society at large, we avoid many problems. That is not to say that our Traditions eliminate all problems. We still have to face difficulties as they arise: communication problems, differences of opinion, internal controversies, and

TUESDAY (Nevada)

7:00AM Good Morning Group (.75hr) 4800 Alpine Place **89107** (The Rooms) A2, **C**

9:30AM Addicts Living In Recovery, (1.25hr) 1329 S Commerce St. **89104** (Keeping It Real) A2 JFT

10:45AM Morning Cup of Recovery, 2975 S Rainbow Blvd. Suite K2 **89146** (Solutions) A2, SWG

11:00AM AM Miracles, 4600 S Nellis Blvd - Big Room. **89121** (Triangle Club) A3, JFT, LS

12:00PM High Noon, 1061 Second St (First Step Club) Pahrump **89048** A2

12:00PM Not High At Noon (1.5hrs) 3980 Schiff Dr. Rm 3 **89103** (Serenity Club) A1, JFT, NC

12:10PM Welcome Home Group, 329 North 11th Street **89101** (TIE Club) A2

2:30PM Just For Today, 1401 North Decatur Blvd Suite 4 **89108** (3M Club) A2, AB

5:30PM Accepting Changes, 329 North 11th Street **89101** (TIE Club) A2, CPC

5:30PM Happy Joyous & Free, 120 N Pavilion Center Drive **89144**, Summerlin (Desert Springs United Methodist Church) A1, TD

5:30PM Just for Tuesday, 2 S Pecos Rd, Henderson, **89074** (Christ the Servant Church) A3, LS

5:30PM Letting Go Group (1.25hr) 1329 S Commerce St. **89104** (Keeping It Real) A2, JFT

5:30PM Moving On Group (1.5hr) 4800 Alpine Place **89107** (The Rooms) A2, AB

6:00PM Blind Faith Group, 6151 West Charleston **89146** (Trinity Methodist Church) A1 **Gate code 62883 (back side gate)**

6:00PM Hope In Pahrump, 1061 Second St, (First Steps Club) **89048**. A2, OD, JFT

6:15PM Women In Recovery: Walking the Talk 4201 West Washington **89107** (All Saints Episcopal Church) A2, WO, RF

6:30PM Addicts Together, 900 East Karen Ave, Suite A202. **89109** A2, LGBTQ, LS

6:30PM Back to The World, 525 East Bonanza **89101**. (US Vets Bldg) JFT, A2

6:30PM Love & Respect, 3720 E Tropicana Ave Small Community Bldg **89121** (Community Lutheran Church). A3, OD, JFT, SPK first Tues of month.

7:00PM New Found Freedom, 5044 Avenue H., (SafeNest) Boulder City, NV **89005** A2

7:00PM Si Nos Recuperamos (2hr) 1500 E Sahara Ave Suite C1, 89104. A2

7:00PM Ultimate High Group. (1.25hr) 1401 N Decatur Blvd, Suite 4. **89108** (3M Club) A2, SS

7:15PM It Works How & Why, 6200 W Lone Mountain Bldg C Rm 120 **89130** A2, SS, TS

8:00PM Follow Your Heart **"Meditation Tuesday"** (1,5hr) 2585 E. Flamingo Dr. Suite 5, **89121**. (Our Meeting Place) A2

9:00PM Stand 4 Something or Fall 4 Anything (1.25hr) 4800 Alpine Place **89107** (The Rooms) A2, JFT

11:00PM Sleepless Nights, 4800 Alpine Place **89107** (The Rooms) A2, CPC

TUESDAY (Arizona)

8:00AM Recovery on the River, 35 S Acoma Blvd, Lake Havasu City **86403**. A4, P

5:00PM Serenity Bunch, 4195 West Hwy 68, Ste. A **86413** (Golden Valley Serenity Club) A4, OD

7:00PM Recovery on the River, 35 S Acoma Blvd, Lake Havasu City **86403**. A4, P

7:00PM Book Study, 1739 E Beverly Cerbat Room, Kingman **86409** (KRMC Wellness Center) A4, P

7:15PM Turn the Page, 1664 Central Ave, Bullhead City **86442** (Lutheran Church). A4, BT, P

TUESDAY (California) - NONE

TUESDAY (Utah)

12:00PM NA Rox, 559 North 1060 East, St George **84770** (Dixie Alano Club) A5, BT

6:00PM Living Clean: the Journey Continues, 559 North 1060 East St George **84770** (Dixie Alano Club) A5, LC

7:00PM Dopeless Hope Fiends, 445 N. Main St., Kanab **84741** (SW Behavioral Health Ctr) A5, LC

8:45PM We Unite On Tuesday Night, 1072 East 900 South St, St George **84790** (Grace Episcopal Church) A5, LS

WEDNESDAY (Nevada)

6:30AM Wednesday's Wakeup, 2 S Pecos Rd
89074 (Christ the Servant Church) A3

7:00AM Good Morning Group (.75hr) 4800
Alpine Place **89107** (The Rooms) A2, C

9:30AM Addicts Living In Recovery, (1.25hr)
1329 S Commerce St. **89104** (Keeping It Real) A2

10:45AM Morning Cup of Recovery, 2975 S
Rainbow Blvd. Suite K2 **89146** (Solutions) A2

11:00AM AM Miracles, 4600 S Nellis Blvd
Big Room. **89121**. (Triangle Club) A3, JFT

12:00PM High Noon, 1061 Second St,
Pahrump **89048** (First Step Club)A2

12:00PM Not High At Noon (1.5hrs) 3990
Schiff Dr. Rm 3 **89103** (Serenity Club) A1, JFT, NC

12:10PM Welcome Home Group, 329 North
11th Street **89101** (TIE Club) A2

2:30PM Just For Today, 1401 N Decatur
Blvd Suite 4 **89108** (3M Club) A2

5:30PM Accepting Changes, 329 North 11th
Street **89101** (TIE Club) A2, CPC

5:30PM Moving On Group (1.5hr) 4800 Alpine
Place **89107** (The Rooms) A2, JFT

6:30PM Addicts Together, 900 East Karen
Ave, Suite A202. **89109**. A2, LGBTQ, JFT

6:30PM Fish Out of Water Men's Group, 10450
Gillespie **89183** (Oasis Church) A3, MO, BS

6:30PM Only One Requirement, 6424 W Chey -
enne **89108**, (Vietnam Vets Chapter 17 Bldg) A1, BS

6:30PM Recovery Rocks, 8280 W Warm
Springs Rd **89113** (St Rose Hospital) A1

6:30PM STAR – Start Talking About Recovery,
(1.25 hr) 6151 W Charleston Blvd. **89146**,
(Trinity United Methodist Church) A2

6:30PM The Darkness Within, 1420 E Harmon,
89119 (Center For Spiritual Living) A1, JFT,

6:30PM Wednesday's Women, 1798 Wigwam
Pkwy, Henderson, NV **89074** (Green Valley
Presbyterian Church) A3, WO, CPC, P

7:00PM Language of the Heart, 4800 Alpine
Place **89107** (The Rooms) A2, TD, SPK

7:00PM Message of Hope. Promise of Free-
dom, 6232 N Jones Blvd **89130** (Lamb of God
Lutheran Church) A1, RF

7:00PM Si Nos Recuperamos (2hr) 1500 E
Sahara Ave Suite C1, 89104. A2

7:00PM Solo Por Hoy (1.5hr) 4800 Alpine Pl.
Rm B (The Rooms) A2, C

7:00PM UltimateHighGroup, (1.25) 1401 N
Decatur Blvd Ste 4 **89101** (3M Club)A2, LS

7:00PM Who's An Addict, 1061 Second St,
Pahrump **89048** (Oasis Church) A2, BS

8:00PM Follow Your Heart "Literature Wednesday"
(1,5hr) 2585 E. Flamingo Dr. Suite 5, **89121**. (Our
Meeting Place) A2

8:00PM Mesquite, 150 N Yucca Dr. Rm 18 (Park
on Willow St side) Mesquite **89027** A5, LS

9:00PM Stand 4 Something or Fall 4 Anything
(1.25hr) 4800 Alpine Pl. **89107** (The Rooms) A2, BT

9:15PM Above the Clouds, 1125 Rainbow Blvd.
89107 (Vape Shop – Vaping but no smoking) A2

11:00PM Sleepless Nights, 4800 Alpine Place
89107 (The Rooms) A2, CPC

WEDNESDAY (Arizona)

8:00AM Recovery on the River, 35 S Acoma
Blvd, Lake Havasu City **86403**. A4, P

12:00PM Recovery on the River, 35 S Acoma
Blvd, Lake Havasu City **86403**. A4, P

5:00PM Serenity Bunch, 4195 West Hwy 68,
Ste. A **86413** (Golden Vall. Serenity Club) A4, TD

6:30PM Together We Can, 1325 Ramar Rd, Bull-
head City, **86442** (United Methodist Church) A4, LS

7:00PM Recovery on the River, 35 S Acoma
Blvd, Lake Havasu City **86403**. A4, P

7:00PM Living Grateful, 3269 Stockton Hill Rd,
Ocotillo Rm, Kingman **86409** (Kingman Hosp)

WEDNESDAY (California) - NONE

WEDNESDAY (Utah)

7:00AM Spiritually Awake- **CLOSED**

12:00PM NA Rox, 559 North 1060 East, St
George **84790** (Dixie Alano Club) A5, LS

6:00PM Recovery NA Rainbow, 559 North 1060 East,
St George **84790** (Dixie Alano Club) A5, LGBTQ, RF

6:30PM H.O.P.E - **CLOSED**

8:00PM Circle of Hope, 2395 E Riverside Dr, St
George **84790** (Slick Rock Park) A5, AB

8:00PM Living Clean, 1067 S Main St, Cedar City
84720 (Keep Coming Back Meeting Hall) A5

NA Meeting Readings/Recitations

Serenity Prayer

God grant me the serenity
to accept the things I cannot change;
courage to change the things I can;
and wisdom to know the difference.

3rd Step Prayer

Take my will and my life. Guide me in my
recovery. Show me how to live.

Who is an Addict?

Most of us do not have to think twice about this
question. We *know!* Our whole life and thinking
was centered in drugs in one form or another – the
getting an using and finding ways and means to get
more. We lived to use and used to live. Very simply,
an addict is a man or woman whose life is
controlled by drugs. We are people in the grip of a
continuing and progressive illness whose ends are
always the same: jails, institutions and death.

What is the Narcotics Anonymous Program?

NA is a nonprofit fellowship or society of men and
women for whom drugs had become a major
problem. We are recovering addicts who meet
regularly to help each other stay clean. This is a
program of complete abstinence from all drugs.
There is only one requirement for membership, the
desire to stop using. We suggest that you keep an
open mind and give yourself a break. Our program
is a set of principles written so simply that we can
follow them in our daily lives. The most important
thing about them is that they work.

There are no strings attached to NA. We are not
affiliated with any other organizations. We have no
initiation fees or dues, no pledges to sign, no
promises to make to anyone. We are not connected
with any political, religious, or law enforcement
groups, and are under no surveillance at any time.

Anyone may join us regardless of age, race,
sexual identity, creed, religion, or lack of religion.
We are not interested in what or how much you
used or who your connections were, what you have
done in the past, how much or how little you have,
but only in what you want to do about your
problem and how we can help. The newcomer
is the most important person at any meeting,
because we can only keep what we have by giving
it away. We have learned from our group
experience that those who keep coming to
our meetings regularly stay clean.

Why Are We Here?

Before coming to the Fellowship of NA, we could
not manage our own lives. We could not live and
enjoy life as other people do. We had to have
something different and we thought we had found

Why Are We Here? (continued)

it in drugs. We placed their use ahead of the welfare
of our families, our wives, husbands, and our
children. We had to have drugs at all costs. We did
many people great harm but most of all we harmed
ourselves. Through our inability to accept personal
responsibilities we were actually creating our own
problems. We seemed to be incapable of facing life
on its own terms.

Most of us realized that in our addiction we were
slowly committing suicide, but addiction is such a
cunning enemy of life that we had lost the power to
do anything about it. Many of us ended up in jail or
sought help through medicine, religion, and
psychiatry. None of these methods was sufficient for
us. Our disease always resurfaced or continued to
progress until in desperation we sought help from
each other in Narcotics Anonymous.

After coming to NA, we realized we were sick people.
We suffered from a disease from which there is no
known cure. It can, however, be arrested at some
point and recovery is then possible.

We Do Recover?

When at the end of the road we find that we can no
longer function as a human being, either with or
without drugs, we all face the same dilemma. What
is there left to do? There seems to be this
alternative: either go on as best we can to the bitter
ends – jails institutions or death – or find a new way
to live. In the years gone by, very few addicts ever
had this last choice. Those who are addicted today
are more fortunate. For the first time in man's entire
history, a simple way has been proving itself in the
lives of many addicts. It is available to us all. This is
a simple, spiritual – not religious – program known
as Narcotics Anonymous.

Just For Today

Tell yourself:

JUST FOR TODAY my thoughts will be on my
recovery, living and enjoying life without
the use of drugs.

JUST FOR TODAY I will have faith in someone
in NA who believes in me and wants to help
me in my recovery.

JUST FOR TODAY I will have a program. I will
try to follow it to the best of my ability.

JUST FOR TODAY, through NA, I will try to get a
better perspective on my life.

JUST FOR TODAY I will be unafraid. My thoughts will
be on my new associations, people who are not
using and who have found a new way of life. So long
as I follow that way, I have nothing to fear.

SUNDAY (Nevada)

9:30AM Addicts Living In Recovery, (1.25hr) 1329 S Commerce St. **89104** (Keeping It Real) A2

9:30AM Sunday Morning Meeting (1.5hr) 1401 N Decatur Blvd, Ste 4 **89108** (3M Club) A2, JFT

10:00 BYOC - (Bring Your Own Coffee, 6402 McLeod Blvd, Ste 6. A3

10:00AM Women's Meeting (1.25hr) 3100 N Tenaya Ave. 1st Fl. Classroom, **89128** (Mountain View Hospital) A1, WO

11:00AM Still Working On It, 1061 Second Street, Suite A Pahrump, NV (1st Step Club) **89048**. A2, AB

11:30AM AM Miracles, 4600 S Nellis Blvd - Big Room (Triangle Club) **89121**. A3, JFT

12:00PM Not High At Noon (1.5hrs) 3990 Schiff Dr. Rm 3 **89103** (Serenity Club) A1, JFT, NC

12:00PM Si Nos Recuperamos (2hr) 1500 E Sahara Ave Suite C1, 89104. A2

12:30PM Welcome Home, 329 North 11th St **89101** (TIE Club) A2, SS

1:30PM Mesquite, 150 N Yucca Dr. Room 18, Mesquite, NV. **89027** Park on Willow St side. A5

2:00PM Learning to Walk The Steps 3980 Schiff Dr. Rm 3 **89103** (Serenity Club) NC, A2 **DOES NOT MEET 3rd SUNDAY OF MONTH**

3:00PM Carrying the Message (2hr) 1401 N Decatur, Rm 4 **89108** (3M Club) A2, C, LS

4:00PM H.O.W Group, 2975 S Rainbow Blvd Suite G **89146** (Solutions) A1

5:30PM Accepting Changes, 329 North 11th Street **89101** (TIE Club) A2, CPC

5:30PM Misfits (new beginnings) 8200 W Sahara Ave **89117** (Lakes Lutheran Church) A1

5:30PM Moving On Group (1.5hr) 4800 Alpine Place **89107** (The Rooms) A2, JFT

6:00PM It Works, How & Why 6200 W Lone Mountain Blvd, Bldg C, Rm 120. **89130**. A2, JFT

6:00PM Over the Hump (1.5hrs) 1061 Second Street, Suite A Pahrump, NV (Oasis Church) **89048**. A2, SS, TS

6:00PM Ultimate High Group (1.25 hrs) 1401 N Decatur Blvd, Ste 4. **89108** (3M Club) A2, SPK

6:30PM Addicts Together 900 E Karen Ave, Suite A202. **89109** A2, LGBTQ, JFT

6:30PM Positive Meeting, 2 S Pecos Rd, Henderson, NV **89074** (Christ the Servant Church) A3

7:00PM East Side Story, 1798 Wigwam Pkwy, Henderson, NV **89074** (Green Valley Presbyterian Church) A3, LS

7:00PM Si Nos Recuperamos (2hr) 1500 E Sahara Ave Suite C1, 89104. A2

8:00PM Follow Your Heart "Ask It Basket" (1,5hr) 2585 E. Flamingo Dr. Suite 5, **89121**. (Our Meeting Place) A2

9:00PM Stand 4 Something or Fall 4 Anything (1.25hr) 4800 Alpine Pl **89107** (The Rooms). A2

11:00PM Sleepless Nights, 4800 Alpine Place, **89107** (The Rooms) A2, CPC

SUNDAY (Arizona)

8:00AM Recovery on the River, 35 S Acoma Blvd, Lake Havasu City **86403**. A4, P

12:00PM Recovery on the River Women's Mtg, 35 S Acoma Blvd, Lake Havasu City **86403**. A4, WO

6:30PM Second Chance At Life, 1260 Mohave Drive, Bullhead City. **86442** (Chaparral Golf Course in rear). A4, P

7:00PM Recovery on the River, 35 S Acoma Blvd, Lake Havasu City **86403**. A4, BS

7:00PM Chillin' in Recovery. 3269 Stockton Hill Rd, Cholla Room, Kingman **86409** (Kingman Regional Hospital) A4, P

SUNDAY (California) – NONE

SUNDAY (Utah)

10:00AM Men's Spiritual Meeting, 559 North 1060 East St George **84790** (Dixie Alano Club) A5, MO

11:00AM Women's Spiritual Haven of Hope, 1067 S Main, Cedar City **84720** (Keep Coming Back Meeting Hall) A5, LS

6:00PM Sunday Night Candlelight NA, 559 North 1060 East St George **84770** (Dixie Alano Club) A5, CLM

6:30PM H.O.P.E – Hold On Pain Ends, 56 E 200 South, Richfield **84701** (Presbyterian Church) A5

7:30PM Fresh Start, 244 West 900 North, Cedar City **84721** (Care & Share Emergency Shelter) A5, LS

8:00PM Hurricane Meeting, 35 West St., Hurricane **84737** (Heritage Museum basement) A5, JFT

8:00PM Dopeless Hope Fiends, 1067 S Main St., Cedar City **84720** (Keep Coming Back Meeting Hall) A5, Last Sun of month SPK

THURSDAY (Nevada)

7:00AM Good Morning Group (.75hr) 4800 Alpine Place **89107** (The Rooms) A2, C

9:30AM Addicts Living In Recovery, (1.25hr) 1329 S Commerce St. **89104** (Keeping It Real) A2, NC

10:45AM Morning Cup of Recovery, 2975 S Rainbow Blvd. Suite K2 **89146** (Solutions) A2, BT, 1st THU of month SPK

11:00AM AM Miracles, 4600 S. Nellis Blvd - Big Room. **89121** (Triangle Club) A3, JFT

12:00PM High Noon, 1061 Second St, Pahrump (First Step Club) **89048** A2

12:00PM Not High At Noon (1.5hrs) 3990 Schiff Dr. Rm 3 **89103** (Serenity Club) A1, JFT, NC

12:10PM Welcome Home Group, 329 North 11th Street **89101** (TIE Club) A2

2:30PM Just For Today, 1401 N Decatur Blvd Suite 4 **89108** (3M Club) A2

5:15PM Drugs No More, 350 N Moapa Valley Blvd, Overton **89040** (Moapa Valley Library) A2

5:30PM Accepting Changes, 329 North 11th Street **89101** (TIE Club) A2, CPC

5:30PM Moving On Group (1.5hr) 4800 Alpine Place **89107** (The Rooms) A2

6:00PM The Henderspuns (1.2hr) 46 Magnesium St., Henderson 89015(51 Club)

6:00PM Only With Vigilance (1.5hr) 710 W Lake Mead Blvd. **89032** A2, BS, TS

6:00PM Peace of Mind, 800 N Bruce St., **89101** (Grapevine Fellowship) A3

6:00PM Surrender at 6, 8200 W Sahara Ave, **89117** (Lakes Lutheran Church), A1

6:30PM Addicts Together, 900 E Karen Ave, Suite A202. **89109**. A2, LGBTQ, AB

6:30PM D.O.A., 4600 S Nellis Blvd – Patio Rm **89121** (Triangle Club) A1, SS, TS

6:30PM Courage to Change, 55 N Valle Verde Dr, Henderson **89074** (Congregation Ner Tamid) A3

6:30PM Girls Night Out, 2975 S Rainbow, Ste H. **89146** (Solutions) A1, WO, JFT

6:30PM Experience, Strength & Hope (1.25 hr) 6670 W Cheyenne **89108** (Holy Spirit Lutheran Church) A1

7:00PM Back to the Rooms, 1061 Second St, Pahrump **89048** (First Step Club). A2, JFT

7:00PM Si Nos Recuperamos (2hr) 1500 E Sahara Ave Suite C1, 89104. A2

7:00PM Ultimate High Group (1.25hr) 1401 N Decatur Blvd Suite 4. **89108** (3M Club) A2, AB

7:15PM Serenity Seekers, 5149 Kell Lane, **89156** (Bungalow Club) A2

7:30PM Humble Pie, 8280 W Warm Springs Rd **89113** (St Rose Hosp – St Martin Campus) A3

8:00PM Follow Your Heart "LiteratureThursday" (1,5hr) 2585 E. Flamingo Dr. Suite 5, **89121**. (Our Meeting Place) A2. **SPK last Thursday of the month.**

8:45PM Live at 8:45,. –**CLOSING FEB2019**

9:00PM Stand 4 Something or Fall 4 Anything (1.25hr) 4800 Alpine Pl **89107** (The Rooms) A2, SPK

11:00PM Sleepless Nights, 4800 Alpine Place **89107** (The Rooms) A2, CPC, OD

THURSDAY (Arizona)

8:00AM Recovery on the River, 35 S Acoma Blvd, Lake Havasu City **86403**. A4

12:00PM Recovery on the River, 35 S Acoma Blvd, Lake Havasu City **86403**. A4

5:00PM Serenity Bunch, 4195 West Hwy 68, Ste. A **86413** (Golden Valley Serenity Club) A4, JFT

7:00PM Recovery On the River, 35 S Acoma Blvd, Lake Havasu City **86403**. A4, MO

7:00PM NA Thing Goes, 3269 Stockton Hill Rd., Mojave Rm A, Kingman **86409** (Kingman Reg Med Cntr) A4

7:00PM Under the Stars, Don Sullivan Park 2315 Balboa Dr, Bullhead City **86442** – Enter on Lakeside & Chaparral corner side. Fire Pit on left. Bring a chair. A4

THURSDAY (California) – NONE

THURSDAY (Utah)

12:00PM NA Rox, 559 North 1060 East, St George **84790** (Dixie Alano Club) A5, LS

6:00PM Living In the Moment, 559 North 1060 East, St George **84790** (Dixie Alano Club) A5

6:30PM Cope Without Dope, Legion Hut, Kanab **84741**. A5

7:00PM NA Underground, 35 West State St, (Heritage Museum basement) Hurricane **84737**. A5, JFT

8:00PM It Works How & Why, 1067 S Main, Cedar City **84720** (Keep Coming Back Meeting Hall) A5, LS

FRIDAY (Nevada)

7:00AM Good Morning Group (.75hr) 4800 Alpine Place **89107** (The Rooms) A2, **C**

9:30AM Addicts Living In Recovery, (1.25hr) 1329 S Commerce St. **89104** (Keeping It Real) A2

10:45AM Morning Cup of Recovery, 2975 S Rainbow Blvd. Suite K2 **89146** (Solutions) A2, LS

11:00AM AM Miracles, 4600 S Nellis Blvd – Big Room. **89121** (Triangle Club) A3, JFT

12:00PM Circle of Recovery, 1798 Wigwam Pkwy Bldg C, Henderson, **89074** (Green Valley Presbyterian Church) A3

12:00PM High Noon, 1061 Second St (First Step Club) **89048** A2

12:00PM Not High At Noon (1.5hrs) 3990 Schiff Dr. Rm 3 **89103** (Serenity Club) A1, JFT, NC

12:10PM Welcome Home Group, 329 N. 11th Street **89101** (TIE Club) A2, SPK

2:30PM Just For Today, 1401 N Decatur Blvd Suite 4 **89108** (3M Club) A2

5:30PM Accepting Changes, 329 North 11th Street **89101** (TIE Club) A2, SPK

5:30PM Friday Nite Bunch, 9300 W Sunset Rd, Educ Rm 1&2, **89148** (Southern Hills Hosp) A3

5:30PM Letting Go Group (1.25hr) 2108 Revere St. rear entrance (Genesis II) **89030** A2, JFT

5:30PM Moving On Group (1.5hr) 4800 Alpine Place **89107** (The Rooms) A2, JFT

5:30AM Positive Vibes, (2hr) 1329 S Commerce St. **89104** (Keeping It Real) A2

6:00PM Dope Free Fridays, 401 S Maryland Blvd, **89108** (The Center) A1, JFT

6:00PM More Will Be Revealed, 120 N Pavilion Center Dr., Summerlin, NV **89144** (Desert Springs United Methodist Church) A1, LS

6:00PM Ultimate High Group (1.25hr) 1401 N Decatur Blvd, Ste 4. **89108** (3M Club) A2, CLM, AB

6:30PM Addicts Together, 900 E Karen Ave, Suite A202. **89109** A2, LGBTQ, BS

6:30PM Primary Purpose, 10450 Gilespe St., Room 203, 89183 (Epiphany Church) A3, LS

6:30PM Serenity, 615 College Dr. Henderson, **89002** (Highland Baptist Church) A3

7:00PM Anything Is Possible, 4800 Alpine Place. Ste 17 **89107** (The Rooms) A2, **C**, LC

7:00PM Friday Night Live, 3852 Palos Verdes Suite 40, **89119** (Freedom House) A1

7:00PM TGIF Group, 1061 Second Street, Pahrump **89048** (Oasis Church) A2, LS

7:00PM Solo Por Hoy (1.5hr) 4800 Alpine Place. Ste 17 **89107** (The Rooms) A2, **C**

7:00PM Si Nos Recuperamos (2hr) 1500 E Sahara Ave Suite C1, 89104. A2

7:00PM PM Recovery, 8200 W Sahara Ave, **89117** (Lakes Lutheran Church), A1, LS

8:00PM Mesquite, 150 N Yucca Dr. #18, **89027** (Park on Willow Street side) A4, LS

8:00PM Whose House Is It & Who Cares Anyway? (1.25hr) 4412 S. Maryland Pkwy Room 1. **89119** (United Methodist Church) A2, CLM, CPC

9:00PM Stand 4 Something or Fall 4 Anything (1.25hr) 4800 Alpine Pl **89107** (The Rooms) A2, SS

11:00PM Sleepless Nights, 4800 Alpine Place **89107** (The Rooms) A2, CPC, 3rd FRI = SPK

FRIDAY (Arizona)

8:00AM Recovery on the River, 35 S Acoma Blvd, Lake Havasu City **86403**. A4, P

12:00PM Recovery on the River, 35 S Acoma Blvd, Lake Havasu City **86403**. A4

5:00PM It Works How & Why, 4195 West Hwy 68 Ste. A, **86413** (Golden Valley Serenity Club) OD

7:00PM Lake Havasu Group, 35 S Acoma Blvd, Lake Havasu City **86403**. A4

7:00PM Recovery On Track, 3269 Stockton-Hill Rd., Mojave Rm A, Kingman **86409** (Kingman Reg Med Cntr). A4

7:00PM Recovery on the River, 35 S Acoma Blvd, Lake Havasu City **86403**. A4, P

7:30PM Just For Today, 2625 Landon Dr. Bullhead City **86429** (Desert Shores Community Baptist Church) A4, BS, CLM

FRIDAY (California) – NONE

FRIDAY (Utah)

12:00PM NA Rox, 559 North 1060 East, St. George **84790** (Dixie Alano Club) A5, LS

6:30PM H.O.P.E – Hold On Pain Ends, 56 E 200 South (Presbyterian Church) Richfield **84701**. A5, BS

7:30PM Newcomer Meeting (1.25hr), 474 West 200 North, Rm 208, St George **84770** (SW Behavioral Health Ctr.) A5, NC, JFT

8:00PM Live & Let Live, 1067 S Main St, Cedar City **84720** (Keep Coming Back Meeting Hall) A5, OD

SATURDAY (Nevada)

9:00AM AM Miracles, 4600 S Nellis Blvd - Big Room **89121** (Triangle Club) A3, BS

9:00AM Saturday Morning Recovery, 6200 Lone Mountain Rd Bldg C Rm 120, **89130** (Canyon Ridge Christian Church) A1, JFT

9:30AM Addicts Living In Recovery, (1.25hr) 1329 S Commerce St. **89104** (Keeping It Real) A2

10:00AM Man to Man, 1401 N Decatur Blvd Suite 4 **89108** (3M Club) A2, MO, SPK

10:00AM Sisters Taking Steps (1.25hr) 1431 E Charleston Blvd. Ste 9, **89101**. A3, WO

10:45AM Morning Cup of Recovery, 2975 S Rainbow Blvd Ste H **89146** (Solutions) A2

11:00AM In Times of Illness, 1061 Second St (First Steps Club), Pahrump **89048** A2, LS

12:00PM Not High At Noon (1.5hr) 3990 Schiff Dr, Rm 3 **89103** (Serenity Club) A1, NC

12:00PM Si Nos Recuperamos (2hr) 1500 E Sahara Ave Suite C1, 89104. A2

12:00PM Steps to Freedom, 101 S Rancho Room 6, **89106** (First Christian Church) A1

12:10PM Welcome Home Group, 329 N 11th Street **89101** (TIE Club) A2

2:30PM House of Recovery, 1401 N Decatur Blvd Suite 4, **89108** (3M Club) A2

2:30PM Letting Go Group, 1329 S Commerce St, **89101** (Keepin It Rea) A2, JFT or SPK

4:00PM Lost and Found (1.25hrs) 1329 S Commerce St, **89101** (Keepin It Real club) A1, SPK Last Sat of Month

5:00PM Drugs No More, 350 N Moapa Valley Blvd, Overton **89040** (Moapa Valley Library) A2

5:30PM Accepting Changes, 329 North 11th Street **89101** (TIE Club) A2, CPC

5:30PM Moving On Group (1.5hr) 4800 Alpine Place **89107** (The Rooms) A2, TD

6:00PM Gifts of Recovery, 1061 Second St (First Step Club), Pahrump **89048**. A2

6:00PM Henderspuns (1.2 hr) 46 Magnesium St, Henderson, **89015** (51 Club) A3

6:00PM Saturday Night Surrender, 3100 North Tenaya Ave **89128** (Mountain View Hospital) A1, TD

6:00PM Ultimate High Group, (1.25hr) 1401 N Decatur Blvd Ste 4 **89108** (3M Club) A2, JFT

6:30PM Addicts Together, 900 East Karen Ave, Suite 202. **89109**. A2 LGBTQ, JFT

6:30PM Back to The World, 525 East Bonanza **89101**. (US Vets Bldg) BT, A2

7:00PM New Found Freedom, 544 Avenue H. Boulder City **89005** (SafeNest) A3

7:00PM Si Nos Recuperamos (2hr) 1500 E Sahara Ave Suite C1, 89104. A2

7:00PM Solo Por Hoy (1.5hr) 4800 Alpine Place. Ste 17 **89107** (The Rooms) A2, **C**

7:15PM Serenity Seekers, 5149 Kell Lane, **89156** (Bungalow Club) A2

7:30PM Boys 2 Men, 1061 Second Street, Pahrump **89048** (First Step Club) A2, MO, BS

7:30PM Saturday Night Unloaded, 2 Pecos Rd, Henderson **89074** (Christ the Servant Church) A3, LS

9:00PM Stand 4 Something or Fall 4 Anything (1.25hr) 4800 Alpine Pl **89107** (The Rooms) A2, CLM

11:00PM Sleepless Nights, 4800 Alpine Place **89107** (The Rooms) A2, SPK

SATURDAY (Arizona)

8:00AM Recovery on the River, 35 S Acoma Blvd, Lake Havasu City **86403**. A4, P

12:00PM Lake Havasu Group, 35 S Acoma Blvd, Lake Havasu City **86403**. A4, P

5:00PM Mission Possible, 4195 W Hwy 68 Ste. A, Golden Valley **86413** (Golden Valley Serenity Club) NC

7:00PM Attitude TO Gratitude, 1325 Ramar Rd., Bullhead City, **86442** (Hope United Methodist Church) A4

7:00PM Recovery on the River, 35 S Acoma Blvd, Lake Havasu City **86403**. A4, 2nd Sat of month = SPK

7:00PM Getting Real, 1739 E Beverly, Wellness Center Cerbat Rm., Kingman **86409** (KRMC Wellness Center). A4

SATURDAY (California) - NONE

SATURDAY (Utah)

10:00AM Circle of Sisters, 559 North 1060 East, St George **84790** (Dixie Alano Club) A5, WO

10:00AM Men's Meeting, 559 North 1060 East, St George, **84790** (Dixie Alano Club) A5, MO

8:00PM Bridging the Gap (1.5hrs) 559 North 1060 East, St George **84770** (Dixie Alano Club) A5, BT

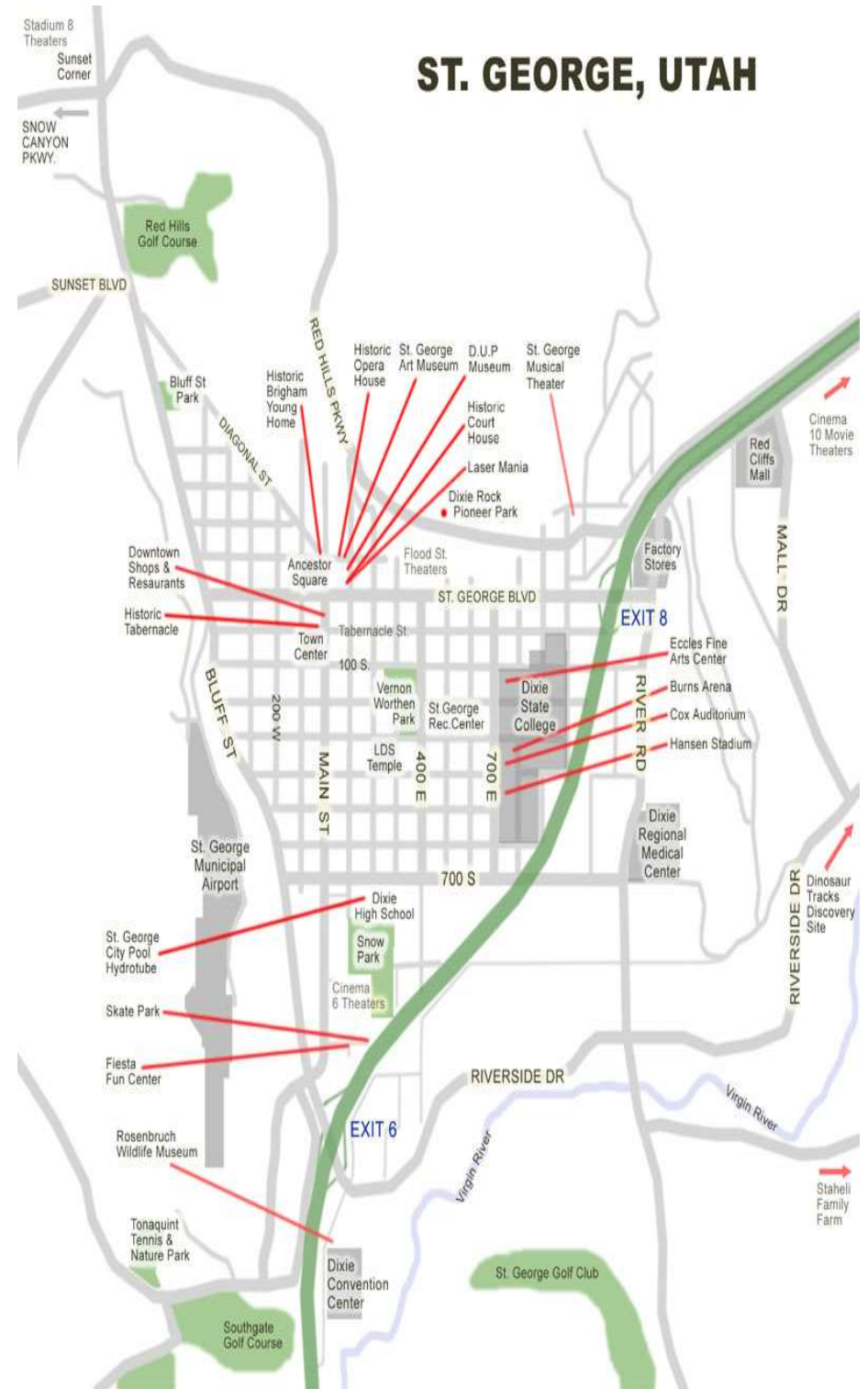
Miles Between Some Cities Served (approximate).

Kingman, AZ to Bullhead City, AZ	40 miles	Las Vegas, NV to Cedar City, UT	171 miles
Kingman, AZ to Mesquite, NV	185 miles	Las Vegas, NV to St. George, UT	120 miles
Kingman, AZ to Cedar City, UT	274 miles	Mesquite, NV to Las Vegas, NV	81 miles
Kingman, AZ to Needles, CA	63 miles	Mesquite, NV to Pahrump, NV	143 miles
Lake Havasu, AZ to Bullhead, City, AZ	64 miles	Mesquite, NV to Needles, CA	281 miles
Lake Havasu, AZ to Kingman, AZ	62 miles	Pahrump, NV to Lake Havasu, AZ	205 miles
Lake Havasu, AZ to Mesquite, NV	235 miles	Pahrump, NV to Bullhead City, AZ	152 miles
Lake Havasu, AZ to Cedar City, UT	324 miles	Pahrump to Kingman, AZ	152 miles
Las Vegas, NV to Boulder City, NV	25 miles	Pahrump, NV to Cedar Center, UT	231 miles
Las Vegas to Bullhead City, AZ	102 miles	St George, UT to Cedar City, UT	53 miles
Las Vegas, NV to Pahrump, NV	65 miles	St George, UT to Mesquite, NV	40 miles
Las Vegas, NV to Lake Havasu, AZ	150 miles	St George, UT to Kingman, AZ	223 miles
Las Vegas, NV to Kingman, AZ	103 miles	St George, UT to Pahrump, AZ	180 miles

C.A.N



ST. GEORGE, UTAH



Las Vegas Zip Code Map

